

HEAD COACHES REPORT
VALLEY ROYALS ANNUAL GENERAL MEETING
MARCH 12, 2014

The past year has seen the Valley Royals increase their athletic membership, qualify more individuals for BC and Canadian teams and win a number of medals at both the provincial and national levels

The club now has four nationally carded athletes and a number of others who have been selected to receive provincial carding financial support. The success of the club has once again been the result of a concerned and dedicated executive, a group of coaches that are truly committed to the athletes they coach and a group of athletes that strive to succeed.

Valley Royal athletes qualified to represent Canada on a number of international teams. Two of our athletes were finalists at the FISU Games, one athlete took part in both the World Outdoor and World Indoor Championships and another of our athletes was selected to the Canadian Youth team. Club athletes won several medals at the Canadian Legion Youth/Midget Championships that took place in Langley.

The Valley Royals is a comprehensive track, field and cross country club that strives to offer programs to athletes from the age of 10 and older. The club has several priorities that include making the sport a fun and fitness oriented program for our junior development athletes while at the same time introducing them to the technical aspects of the various disciplines. With the 15 to 19 year old age group the club endeavors to refine the athletes talents in the hopes that they can become students of particular events. It is our hope that some of our senior aged athletes will become long-term members of Canada's International team.

The ideals established by the Valley Royals are of a high level: the administrators provide support, the coaches give expert guidance and the athletes are expected to commit themselves to being the best that they can be. This can only happen if we receive the support of everyone one and the athlete's parents have a part to play in this. Success can only be achieved if athletes are dedicated to being their best and in this aspect we ask parents to be supportive of what is necessary to achieve success.

I will conclude this report by thanking the executive in particular for the support they have given me. Thanks are also extended to the coaches for the consciences job that they have done. As you know, the past while has been personally difficult for myself but the support I have received from so many in the Valley Royals has in part made these difficult days much more bearable.